How to check Computer Wireless supporting whether 2.4 GHz or 5 GHz Band

1. Select the Wireless signal at the bottom then select “Open Network and Sharing Center”

2. Select Change adapter settings
3. Select connected Wireless then make a right click and go to Properties

4. Click Configure ...
5. For the computer supporting 2.4 GHz only, screen as shown and the Band setting cannot be done

6. For the computer supporting 2.4 GHz and 5GHz, 2 Bands are shown and the band setting can be set only one by clicking Preferred Band